

Respected Madam/Sir,

It's a matter of immense pride and pleasure for us to invite the multi skilled and adept scholars to participate in the annual saga of inter college competitions

on the theme

**“ Rukh, Pani Te Dhee Rani,
Na Sambhe, Gal Muk Jaani”**

“ਰੁੱਖ ਪਾਣੀ ਤੇ ਧੀ ਰਾਣੀ, ਨਾ ਸਾਂਭੇ ਗੱਲ ਮੁਕ ਜਾਣੀ”

Lets **‘Review and Rethink’**, within the campus of Shivalik Institute of Education and Research (S.I.E.R.).

S.I.E.R. is affiliated to Punjabi University, Patiala and is recognized by National Council of Teacher Education, Jaipur for B.Ed. Course. Since 2005, the magnificent institute is putting commendable efforts to bring out positive transformation in the society.

These competitions are organised every year to hone the intrinsic and latent abilities in prospective teachers and demonstrate their inherent talents. The details of the competitions are enclosed for your perusal. Please mail your entries to **sierpratiyogita@gmail.com** on or before 8th March, 2018.

Hopefully this effort will mark a major step towards the holistic development of the participants of these competitions. We are looking forward to an enthusiastic and whole hearted participation from your college to make this event a success.

Note: Any changes in names of participants should be intimated two days prior to the concerned coordinators.

Best regards

**Dr. Jyoti Soni
Principal**

GENERAL INSTRUCTIONS:

- One participant can take part in one item only.
- Participants are required to bring their Identity cards and authority letters from the Principal of their college.
- Individually I and II prizes will be given for each item.
- Best Nautankibaaz & Best Sabhyachar walk award will be given.
- Trophy will be awarded in all the competitions separately but for Over All Running trophy, participation in each of the items of the said competitions, is essential.
- The Running Trophy will remain in the safe custody of the winning college but they will be required to return that before our next Inter-College competitions.
- The prepared item will be the property of the host college.
- The decision of the judges will be final.

1. DEXTEROUS FINGERS AT WORK (Art and Craft) –

- Card Making & File Decoration (A Set)
- Slogan Writing (On the main theme of the competitions)
- Poster Making (On the main theme of the competitions)
- Glass Painting
- Wall Magazine
- Pot Decoration
- Upcycling: Regard Before You Discard
- Quilling (On any creative or decorative item)
- Decoration of Clay Artefacts

Note:

- Each college can send only one participant in each category.
- Time allowed for all items is 2^{1/2} hrs.
- Size of the card (only boarder is to be designed) should be A4 and File Decoration should be A3
- Size of chart for slogan writing and poster making should be A3
- Size of wall magazine should be 3 x 4 ft.(area will be provided). Kindly conceive any one theme out of these: **Women Empowerment, Environment Sustainability, Water Conservation**

- Size of clay artefact should be of 10 inches minimum.
- Minimum size of pot should be 1 ft.
- Size of glass for glass painting should be 18” x 22”
- Quilling can be used on any decorative item
- For upcycling – the required waste material and stationery like scissors, thread etc. should be brought by the participants. Waste material could be anything like tetra packs, bottles, newspapers, old utensils, jute material or any second hand items that otherwise would be thrown away. The material would be rejected if not found to be a waste product or second hand item.
- No mobile or internet means would be allowed to use at the time of competitions.

Judgement Criteria

- Creativity
- Utilization of resources
- Artistic composition & design
- Eco-friendly rating
- Utility of the product
- Overall presentation

2. POWER POINT PRESENTATION

Themes-

- **Play Your Part, Be Water Smart**
- **Go green**
- **Let ‘Her’ Fly (Women Empowerment)**

Note :

- Each college can send only one participant with one theme only.
- Time allotted is 5-7 minutes
- Full length presentation (hard and soft copy) should be deposited at the registration counter of the host college.
- Permitted mediums of language: English, Hindi, Punjabi.

Judgement Criteria

- Presentation of ideas
- Logical
- Coherent
- Relevance to the topic
- confidence



**Shivalik Institute of Education
& Research, Phase-VI, Mohali,
Distt. SAS Nagar -160055**



*cordially invites you
at
Inter-College Competitions
on the theme*

*“Rukh, Pani Te Dhee Rani,
Na Sambhe, Gal Muk Jaani”*

“ਰੁੱਖ ਪਾਣੀ ਤੇ ਧੀ ਰਾਣੀ, ਨਾ ਸਾਂਭੇ ਗੱਲ ਮੁਕ ਜਾਣੀ”

on March 16, 2018 at 9.30 a.m.

Patron

Mr. D.S. Bedi

Principal

Dr. Jyoti Soni

Co-ordinators

Dr. Suman Deep Kaur (8968998366)

Dr. Teena Chopra (7814103691)

E-mail : sierpratiyogita@gmail.com

*Please confirm your participation by e-mail latest
by 08.03.2018 (Thursday).*

- Confidence
- Acting skills
- Pronunciation and Diction
- Props

7. PUN-FASHION RUNWAY (Punjabi Sabhyachar on Ramp)

Themes:-

- **PUNJABI MUTIYARAAN**
- **GABRU SOHNE**
- **MUTIYAARAN TE GABRU TOGETHER**

Note :

- Number of participants 10 to 15
- Time allowed 8-10 min
- The participants can choose any theme related to Punjabi culture.
- They should bring their own props and dresses.
- They are requested to bring their own music in two CDs to avoid technical disturbance.
- They are requested to submit one CD with the co-ordinator of the event in the morning

Judgement Criteria

- Relevance to theme
- Confidence
- Props
- Walking styles

8. UNLOCK YOUR MIND: READ (Library Material)

Themes: Reading, Books, Libraries, Digital Resources

ITEMS:

- 1) **Slogan Writing**
- 2) **Poster Making**
- 3) **Book Jacket Making**
- 4) **Book Mark Making**
- 5) **Biographical Sketch of Authors**

Note:

- Each college can send two entries
- Students have to prepare following items in advance and submit it in our college on Registration desk on 16-03-18
- Use ivory sheet
- Size as follows:
 - ✓ Slogan writing and poster making: half chart
 - ✓ Book jacket making: 20cm x 15 cm
 - ✓ Book mark making: 15cm x 5 cm
 - ✓ Biographical sketch of authors: It includes both biography and sketch. Size has no constraints.

3. EXTEMPORE

Note:

- Each college can send only one participant.
- Each participant will be given 30 seconds to frame ideas and 2 mins. to speak on a topic picked up by him/her by draw of lots.
- A bell will ring twice: warning bell at 1 ½ mins and final bell at the end of two minutes.
- Marks will be deducted if the speaker exceeds the time limit .
- Participant can use any language –Hindi, English or Punjabi.

4. KAHAANI: LAFZO KI ZUBAANI (Story Telling)

- No. of Participants -1
- Time Allowed-4-5 Minutes
- The participants can choose any one theme from **Women Empowerment, Environment Sustainability, Water Conservation**
- They should bring their own props and dresses.
- Each college can send one participant

5. MAGIC OF WORDS

(Self Composed Poem)

Themes:-

- **Empower Women, Empower Yourself**
- प्रकृति का न करे हरण, आओ बचाये पर्यावरण।

Note :

- Each college can send one participant only
- Time allotted will be 3 to 4 minutes.
- The participant may use any language English, Hindi, Punjabi
- Hand gestures or actions are not allowed

Judgement Criteria for:

EXTEMPORE, STORY TELLING & POEM

- Content & fluency
- Pronunciation and Diction
- Confidence
- Props (for story telling only)

6. 'NAUTANKIBAAZI' (Street Play)

Theme – Sanjha Virsa (Our Heritage)

- Number of Participants: 6-10
- Time allowed: 8-10 min.
- The participants may use any language English, Hindi, Punjabi

Judgement Criteria

- Relevance to theme
- Dialogue delivery